

## Notes for nude body castings

Please read and ask for more information if necessary.

Most people enjoy the unusual process of being body casted but it's important to understand some points before we begin.

- All subjects, and others in the room, must be at least 18 years old.
- All subjects must be in generally good health.
- The materials I use are approved for direct skin contact, but very rarely people can get skin reactions. The most common reaction is a mild "heat rash" which quickly clears when the cast is removed.
- The process can take up to two hours, you may need to stand for most of that time. If this will be a problem tell me before we begin so we can find another way to get the casting you want. There's almost always another way.
- The final cast will be completed 4-6 weeks after the studio casting session.
- I will always be professional and respectful but I will directly touch you in the entire casting area and a few inches past all around when applying and when removing the casting material.
- Sometimes the casting material will catch and hold hairs which can make it uncomfortable to remove. I try to prevent this by doing a "tape test" and applying mold release such as Vaseline or Nivea as needed or by using specialized additives to make hairs release. This is a choice we need to make before I begin and it's usually not a significant obstacle to making a good cast.
- The subject can not be an employee or student of California College of the Arts.
- You are welcome to have me or someone else photograph the process. If you post any of the images online please tag "EricTheSculptor". I will never post anything about you or your cast without your specific approval.

A typical process:

- Agree on the scope of the casting and discuss options for the final casting material (that materials choice can usually be changed later)
- Obtain verbal consent to touch in addition to this written consent.
- Do a "tape test" in a few spots to determine if small hairs will be a concern.
- Wipe the whole area with baby wipes.
- Apply mold release if needed.
- Mix and apply the casting material ( usually silicone or alginate ).
- Create a support shell with plaster bandages.
- Remove the support shell.
- Separate and remove the casting material from your skin. Sometimes it almost falls off, sometimes I need to reach in to separate it from your skin and from complex shapes.

I have read and agreed to all of the above.

Printed name and signature \_\_\_\_\_ Date \_\_\_\_\_

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